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KALIHI KAI, COMMUNITY CHILDREN'S COUNCIL & THE AUTISM SOCIETY OF HAWAII PRESENTS:

Youth Mental Health First Aid

April 25, 26, 27th, 2017

(Must register and be able to attend for ALL THREE DAYS)

8:00am – 10:30 am

Kalihi Kai Elementary School

626 McNeil Street Honolulu, HI 96817

- Youth Mental Health First Aid USA is an 8 hour public education program which introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge. Mental Health First Aid uses role-playing and simulations to demonstrate how to assess a mental health crisis; select interventions and provide initial help; and connect young people to professional, peer, social, and self-help care.
- This is offered **FREE** as a result of a 5 year grant (\$170 value)! Please take advantage of it now!
- There will be a three year national certification after completing the course.
- **Must** register through Eventbrite at the link below.
If you are not able to you can email autismhi@gmail.com or call 368-1191.
- Seating is limited to the first 30 participants. If there are no tickets remaining email me to be put on the waitlist. If there are enough people on the waitlist a second class may be added.



RSVP's required: <https://www.eventbrite.com/e/youth-mental-health-first-aid-tickets-32912007701>

Please email me if you have any questions: autismhi@gmail.com